

SHARECARE GHANA

PHYSIOTHERAPY EQUIPMENT AND MONITORING FOR CHILDREN
WITH DISABILITIES

PROJECT REPORT 2017



Sponsored by:  **Association
Femmes d'Europe** asbl

**SHARECARE GHANA FINAL REPORT FOR WOMEN OF EUROPE ASSOCIATION SPONSORED
PROJECT 2017**

Date: 1st December 2017

Project Title: **Physiotherapy equipment and monitoring for children with disabilities.**

Sharecare Ghana received a grant of Euros 3,410 for a one year project titled: Physiotherapy Equipment and Monitoring for Children with Disabilities.

1. QUANTITATIVE GENERAL RESULTS AND IMPACTS

As stated in the Mid-Term Report, the needs of the children were re-assessed and a few adjustments were made.

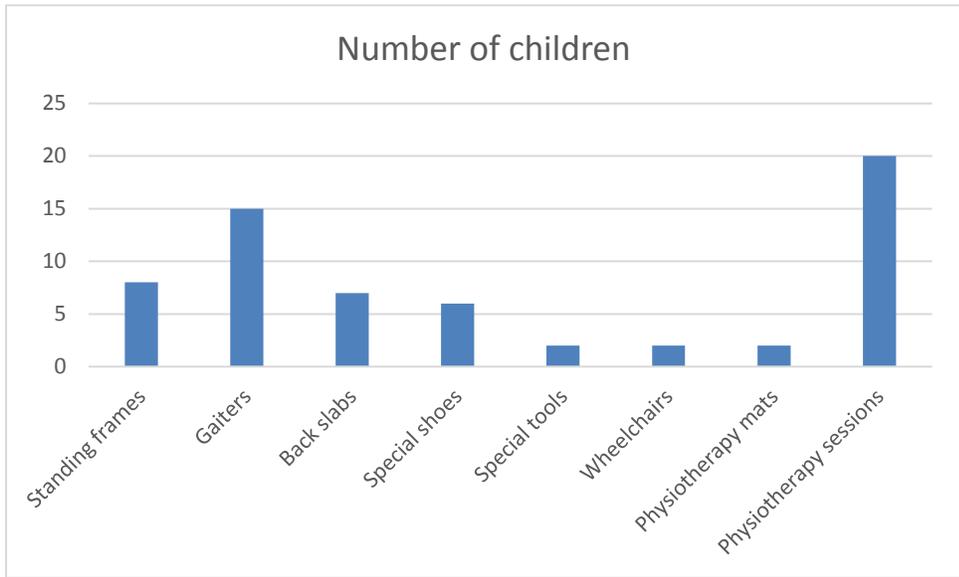
- Eight children received standing frames
- Fifteen received gaiters
- Seven received back slabs
- Six received special shoes
- Two received special stools
- Two received wheelchairs
- Two physiotherapy mats were also purchased
- All the children had physiotherapy sessions for the mothers to learn what to do at home.

Please also find the expenses table in annex.

TABLE 1: support and impact

Support	Number of children
Standing frames	8
Gaiters	15
Back slabs	7
Special shoes	6
Special tools	2
Wheelchairs	2
Physiotherapy mats	2
Physiotherapy sessions	20

GRAPH 1: Support and impact



The following activities were undertaken:

- Physiotherapy sessions to take measurement and assess the required equipment for each child
- Measurements for back slabs, special shoes and gaiters
- Acquisitions of wheelchairs, back slabs, standing frames, shoes, slabs and gaiters
- Physiotherapy sessions to help the children to get used to those helping tools

2. DETAILED RESULTS

1. Five new children **Louis Coussey** aged 9, **Benedicta Tetteh** aged 9, **Kekeli Apedoe** aged 8, **Marvin Nii Odoi Yemofio** aged 5 and **Rooney Obodai** aged 4 were added to the programme.
2. **Berry Kordai Addy**: After final re-assessment was given a stool because she was terrified of falling when put in the standing frame. She also received her prescribed shoe. She attended physiotherapy twice a week.
3. **Daniel Masopeh**: Needed no equipment but continued with physiotherapy twice a week.
4. **Goodluck Mensah**: Is using his standing frame and gaiters and attends physiotherapy twice a week.
5. **George Parker**: Comes for physiotherapy twice a week.
6. **Joel Bentum Johnson**: Received his gaiters and a stool because he would not stop screaming when put in the standing frame.
7. **Mercy Holm**: Attended physiotherapy at the Centre once a week.
8. **Henry Kortey Kisseh**: Received his standing frame but stopped attending physiotherapy because his mother moved a distance away from the Centre. His mother was guided on exercises to do at home.
9. **Ebenezer Sey**: Received gaiters, back slab and standing frame. He attended physiotherapy twice a week.
10. **Joshua Azina**: Because his mother relocated to another region in Ghana, he was replaced with Louis Coussey, who received a wheelchair.
11. **Enam Vondee**: Received gaiters, standing frame and prescribed shoes.
12. **Yasline Quao**: Continued physiotherapy once a month and uses the exercise mat and ball.

13. **Joana Larteley Adams:** Received standing frame and back slab. She attended physiotherapy twice a week.
14. **Emmanuel Donkor:** Received prescribed shoes and continued attending physiotherapy once a week.
15. **Benjamin Martey:** His mother moved away and stopped communicating with the Centre staff. He was replaced with **Rooney Obodai** who received a standing frame and special chair. She attended physiotherapy twice a week.
16. **Alicia Tetteh:** Because the recommended wheelchair was not available in Ghana, she was replaced in the programme with **Benedicta Tetteh** who received a standing frame and back slab.
17. **Kekeli Apedoe** replaced **Steve Welbeck** who passed away. He received a wheelchair, standing frame and back slab.
18. **Marvin Nii Odoi Yemofio** received a standing frame, back slab and prescribed shoe.

TABLE 2: Initial group of patients diagnostics and recommendations (2016)

Name and Age of child	Diagnosis	Recommendation
 Berry Kordai Tetteh - 3	Klumke’s palsy and Cerebral pals	Continue physiotherapy treatment. Needs standing frame.
 Daniel Masopeh - 3	Delayed developmental mileston	Continue physiotherapy treatment. Take relevant medical treatment
 Goodluck Mensah - 3	Cerebral palsy	Continue physiotherapy treatment. Needs standing frame.

 <p>George Parker - 3</p>	<p>Developmental delay</p>	<p>Continue physiotherapy treatment. Needs a walker and standing frame.</p>
 <p>Joel Bentum Johnson - 4</p>	<p>Cerebral palsy</p>	<p>Continue physiotherapy treatment.</p>
 <p>Mercy Holm - 4</p>	<p>Traumatic Brain Injury</p>	<p>Continue physiotherapy treatment while waiting for surgery.</p>
 <p>Henry Kortey Kissieh - 4</p>	<p>Cerebral palsy</p>	<p>Continue physiotherapy treatment. Require sitting frame, standing frame and gaiters. Mother should show more commitment</p>

 <p>Ebenezer Sey - 5</p>	<p>Cerebral palsy</p>	<p>Continue physiotherapy treatment. Mother should do more excises with child at home. Requires standing frame</p>
 <p>Joshua Azina - 6</p>	<p>Traumatic Brain Injury</p>	<p>Start school with a personally styled chair.</p>
 <p>Enam Vondee - 7</p>	<p>Cerebral palsy</p>	<p>Continue physiotherapy treatment. Needs standing frame.</p>
 <p>Yasline Quao - 7</p>	<p>Left Hemiparesis</p>	<p>Doing fairly well. Come in for review once a month</p>

 <p>Joana Larteley Adams - 7</p>	<p>Developmental delay</p>	<p>Start school. Continue physiotherapy treatment. Needs standing frame.</p>
 <p>Emmanuel Odonkor - 8</p>	<p>Developmental delay</p>	<p>Speech therapy. Continue physiotherapy treatment. Needs a walker and standing frame.</p>
 <p>Benjamin Martey - 8</p>	<p>General functional impairment</p>	<p>Continue physiotherapy treatment. Needs standing frame.</p>
 <p>Steve Welbeck - 16</p>	<p>Hydrocephalus</p>	<p>Needs surgery. Continue physiotherapy treatment.</p>



Alicia Tetteh - 17

Cerebral palsy

Personalized chair for use at home for feeding and watching television

3. ACTIVITIES AND PICTURES



It was a fun day for the children as the physiotherapists took their measurements

Below: more pictures of the children as their measurements were being taking.





After measurements for gaiters and standing frames, the next activity on June 13 2017 was measurement for special shoes.



On 11th August, a team from the Orthopedic Training Centre, Nsawam visited to re-assess and measure for back slabs, shoes and chairs





The mothers were very excited when they received the standing frames



Below: Louis was visibly happy in his new wheelchair.

The physiotherapist sitting with Berry on her prescribed stool.

Ebenezer Sey's mother putting his back slab on for him to do his standing.







We finally got our chair and shoes on 29th November, but we are very pleased to have them.





Meanwhile the children attended physiotherapy sessions throughout the project.



4. PROGRESS OF THE CHILDREN AND QUALITATIVE RESULTS

1. **Berry Kordai Addy** started wearing her shoes
2. **Daniel Masopeh** can stand for a few seconds.
3. **Goodluck Mensah:** As at now, however, there has not been any progress.
4. **George Parker** is now sitting well and crawling.
5. **Joel Bentum Johnson** can now sit without fear.
6. **Mercy Holm** is in school though she occasionally gets seizures.
7. **Ebenezer Sey** is now holding his neck and sitting.
8. **Louis Coussey** is doing well, and feels good when in the wheelchair. He also gives room for others to socialise with him, which he was not doing before.
9. **Enam Vondee** is trying to crawl.
10. **Yasline Quao:** Continued physiotherapy once a month and uses the exercise mat and ball.
11. **Joana Larteley Adams:** can now sit.
12. **Emmanuel Donkor:** is now crawling.
13. **Rooney Obodai** - the chair helps especially when he is being fed.
14. **Benedicta Tetteh** can now sit.
15. **Kekeli Apedoe** is able to go to school.
16. **Marvin Nii Odoi Yemofio** is able to hold his neck better.

5. EXPENSES AND ACCOUNTS

As per date 29th November 2017

SHARECARE GHANA					
WOMEN OF EUROPE PROJECT EXPENSES					
TITLE: PHYSIOTHERAPY EQUIPMENT AND MONITORING FOR CHILDREN WITH DISABILITIES					
DATE	PAYEE/ER NO	DESCRIPTION	IN ¢	OUT ¢	BALANCE ¢
01-Dec-16		Opening Balance			14,322.00
12-Dec-16	IPhysio	Assessment for Emmamuel Odonkor, Alicia Tetteh, Joel Bentum Johnson		150.00	14,172.00
16-Dec-16	IPhysio	Assessment for Yasline Quao, Joshua Azina, George Parker, Goodluck Mensah		150.00	14,022.00
16-Jan-17	IPhysio	Assessment for Joana Larteley Adams, Ebenezer Sey, Daniel Masopeh, Benjamin Martey		150.00	13,872.00
18-Jan-17	IPhysio	Assesment for Mercy Holm, Enam Vondee, Hery Kortey Kissieh		150.00	13,722.00
03-Mar-17	Physioshop	Purchase of two Physio Mats		90.00	13,632.00
14-Mar-17	Physiotherapist	Physio 15th-31st March		640.00	12,992.00
30-Mar-17	Physiotherapist	Physio 3rd-12th April		400.00	12,592.00
20-Apr-17	Physiotherapist	Physio 19th-28th April		400.00	12,192.00
21-Apr-17	Rebecca Sai & Delali Ed-Bansah	Follow up on Children's progress		80.00	12,112.00
02-May-17	Physiotherapist	Physio 3rd-15th May		480.00	11,632.00
15-May-17	Physiotherapist	Physio 17th-31 May		560.00	11,072.00
01-Jun-17	Physiotherapist	Physio 2nd-14th June		480.00	10,592.00
15-Jun-17	Physiotherapist	Physio 16th-21st June		480.00	10,112.00
28-Jun-17	Rebecca Sai	and aerobics for mothers		350.00	9,762.00
28-Jun-17	Physiotherapist	Physio 5th-17 July		480.00	9,282.00
18-Jul-17	Physiotherapist	Physio 19th-28th July		400.00	8,882.00
01-Aug-17	Physiotherapist	Physio 2nd-16th August		560.00	8,322.00
11-Aug-17	Orthopedic Training Center	consulting fee for 12 children with C.P		230.00	8,092.00
11-Aug-17	Staff of orthopedic Training Center	T&T		100.00	7,992.00
11-Aug-17	Orthopedic Training Center	Orthopedic appliances		585.00	7,407.00
15-Aug-17	Physiotherapist	Physio 18th-30th August		480.00	6,927.00
23-Aug-17	Physioshop	Standing Frame & Gaitors		1,380.00	5,547.00
28-Aug-17	Dream Value Consult	Physio Items		2,375.00	3,172.00
29-Aug-17	Physiotherapist	Physio 4th-13th Sept		400.00	2,772.00
12-Sep-17	Physiotherapist	Physio 15th- 29th September		560.00	2,212.00
03-Oct-17	Physiotherapist	Physio 2nd-13th October		400.00	1,812.00
16-Oct-17	Physioshop	Standing Frame		200.00	1,612.00
17-Oct-17	Physiotherapist	Physio 18th-30th October		560.00	1,052.00
31-Oct-11	Physiotherapist	Physio 1st-15th November		560.00	492.00
14-Nov-17	Physiotherapist	Physio 17th-27th November		400.00	92.00
29-Nov-17	Rebecca Sai & others	T&T to Nsawam to collect shoe and chair		100.00	(8.00)
					(8.00)
			-	14,330.00	(8.00)

Sharecare Ghana and all the mothers appreciate the change Women of Europe Association has made to the lives of these children. We are really grateful for this assistance.

“Some people are always grumbling because roses have thorns. I am grateful that thorns have roses” Alphonse Karr

SHARECARE GHANA

Osu, Christianborg, Accra, Ghana

PO BOX CT 4910 Cantonments

sharecare4u@gmail.com

+233 208 157 404

<http://www.sharecare4u.org>